



# City of Fishers Health Department

## Health Education

We are excited to present a wide array of health content! Within this catalogue, you'll find primary content categories and our selection of topics.

### Curriculum:

- [Connections](#): A primary prevention curriculum for intimate partner violence. (Grade 7+)
- [Health Care Empowerment](#): A curriculum for navigating health care.

### Topics:

- **Anti-sexual violence**
  - Bystander Intervention
  - Cultivating a Culture of Consent: Sexual Assault Prevention
  - Domestic Violence
  - Sexual Harassment in Workplace 101
  - Sexting & Online Safety
  - Victim Blaming: Understanding Rape Culture in the United States
- **Community Safety & Care**
  - Dementia Friends Indiana
  - Dementia Friendly for Businesses
- Recognizing & Responding to Human Trafficking
- Youth Mental Health First Aid Training\*
- **Cultural Humility**
  - Diversity & Inclusion
  - Empathy & Empowerment
  - LGBTQ+ 101
- **Diseases**
  - Cancer 101
  - Cardiac Arrest & Heart Attack
  - Diabetes 101
  - Lyme Disease 101
  - Tuberculosis 101

## • Environmental Health

- Food Safety & Sanitization
- Pests & Infectious Disease
- Safe Drinking Water
- ServSafe\* Training
- Waste Disposal & Proper Recycling

## • Personal Care

- Basics of Nutrition
- Oral & Dental Health
- Personal Hygiene

## • Physical Wellness

- Basics of Physical Health
- Body Image & Healthy Eating
- Nutrition

## • Public Health

- Public Health 101
- Vaccination

## • Spiritual Health

- Spiritual Health
- World Religions

## • Sexually Transmitted Infections

- Chlamydia & Gonorrhea
- Human Immunodeficiency Virus (HIV) 101
- STD/I 101

## • Substance Use Disorder

- Alcohol Expectancy Theory: Alcohol Abuse Prevention
- Introduction to Opioid Crisis & Use of Naloxone
- Know The Risks: A Youth Guide to E-Cigarettes
- The Impact of Driving Under the Influence.

\*Charges apply for the course.

~This document is subject to change.

~The curriculums and topics meet the Indiana Department of Education standards.

~City of Fishers Health Education Division has the right to cancel or reschedule the training/information sessions.



@FishersHealthDept



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If you would like to schedule a program for your group, community, or school, contact

Fishers Health Department at [HealthEdu@Fishers.in.us](mailto:HealthEdu@Fishers.in.us)

