

Name	Counseling Agency	Phone	Location	Availability	Insurance	Notes
Alyssa Brown	Alyssa Brown	317-647-4721	Indianapolis	Mon, Wed, or Thur between 10am and 3pm	Self-Pay	
Amanda Campbell	Amanda Campbell	618-554-2830	Indianapolis	Contact between the hours of 8am to 7pm	Anthem, Anthem EAP, BlueCross and BlueShield, Business Health Services EAP, Optum, UMR, UnitedHealthcare, Self-Pay	Adults +21, Couples
Amber Young	Amber Young, LLC	317-914-7718	Fishers	M, W 8am-11am, and T, R 8am-2pm	Aetna, Anthem, Blue Cross and BlueShield, IU Health Plan, TRICARE, Self-Pay	
Jessica Buescher	Art of the Soul	317-989-9015	Indianapolis	Wed - Sat 7am-10pm for new clients	Self-Pay	
	Axon Health	317-818-9000	Indianapolis	Mon-Thur; Phones covered 8:30-6	Anthem, Self-Pay	8 providers
Katy Rader	Beacon of Change Counseling	317-530-3050	Indianapolis	Mon, Wed and Fri from 9am-5pm	Anthem, BlueCross and BlueShield, Optum, UnitedHealthcare, Self-Pay	
Sarah Brown	Beech Tree Counseling	317-991-8425	Indianapolis	Contact between 8am-3pm	Anthem, BlueCross and BlueShield, Self-Pay	
April Krowel	Brain Center	317-748-0034	Fishers	Mon-Fri 10am-6pm	Anthem, BlueCross and BlueShield, Medicare, Optum, Pro Health, UMR, Self-Pay	
Ali Tabb	Breyta Counseling	317-813-9626	Indianapolis	Mon/Thurs/Fri evenings, Thurs/Fri days, and Saturday mornings/afternoons	Self-Pay	
DeAnne Kinsey	Building Bridges Counseling	371-371-5505	Westfield	Mon, Tues, and Thurs	Anthem, Self-Pay	
Amy Rexroth	Carmel Psychology	317-810-1005	Carmel	Mon-Fri 10am-5pm	Self-Pay	
Dawn Crossman	Center for Hope and Family Solutions	317-598-8887	Fishers	Monday-Friday 8:30am-4:30pm	Self-Pay	
Amanda Thrasher	Christian Theological Seminary	317-747-3457	Indianapolis	Tues: late morning/early afternoon, Thurs: late morning/afternoon/evenings	Self-Pay	
Cindy Thomas	Cindy Thomas Counseling	317-647-1310	Noblesville	Mon-Friday, 8am-7pm and Sat 9-1	Anthem, Self-Pay	
Brihen Lewis-Weir	Compass Counseling	317-824-9237	Fishers	Mon-Thursday 10-5pm	Anthem, United Healthcare, Tricare, and Medicare	
Kaitlin Whelan	Conversations with Kaitlin	317-961-8051	Indianapolis	Tues 9-3, Wed 8-7, Thurs 8-7, and Sat 9-1	Self-Pay	
Melissa Newman	Creating Pathways & Solutions	317-345-0741	Fishers	Mon-Thurs. 10 a.m to 6 pm, Fri 10-1	Anthem, United, IU Health.	
Ola Smith	Dimension Counseling, LLC	317-376-8669	Indianapolis	Evenings and Sundays	Self-Pay	
	Family Counseling Associates	317-585-1060	Hamilton County	Varies	Varies	Office of 11 therapists, NP, & psychiatrist for medicaiton management
Amy Ferris	Ferris & Associates	317-585-9111	Fishers	Mon-Friday, 8am-7pm	Aetna, Anthem, BlueCross and BlueShield, IU Health Plan, Midwest Behavioral, MultiPlan, New Avenues, ProHealth, Sagamore, Self-Pay	
Gina Baird	Gina Baird	317-702-3939	Pendleton	Tues, Thurs, Fri, Sat	Anthem, BlueCross and BlueShield, MHN, Magellan, Optum, UnitedHealthcare, Self-Pay	
Falicia Miller	Greater Purpose Counseling	317-680-5687	Indianapolis	Mon: 9-2; 4-8, Tues: 4-8, Wed: 9-2, Sat: limited	Self-Pay	
Sarah Helderman	Hamilton Professional Counseling	317.759.8983	Noblesville	Mon, Tues, Wed, and Fri	Aetna, Anthem, BlueCross and BlueShield, Cigna, Humana, IU Health Plan, Pro Health, Sagamore, UnitedHealthcare, Self-Pay	
Kristi Turner	Hamilton Professional Counseling	317-760-1446	Noblesville	Mon-Sat 8am-8pm	Aetna, Anthem, BlueCross and BlueShield, Cigna, Humana, IU Health Plan, Pro Health, Sagamore, UnitedHealthcare, Self-Pay	Schedule Online
Robin Christopherson	Harmony Medical Associates	317-458-5575	Fishers	Mon 9 - 5:30, Tues-Thurs: 10-6:30, Fri: 9-3, Sat: 9-12	Self-Pay, Anthem (Beginning April 13)	
Kat Miller	Healing Bridges Counseling	317-986-4956	Keystone	Mon-Wed 12pm-3:30pm, Thurs/Fri 9am-2pm	Aetna, Ambetter, Anthem, BlueCross and BlueShield, CareSource Marketplace, Community Health Direct, ComPsych, New Directions Behavioral Health, Magellan, MHS HIP/HHW, MilitaryOneSource, Medicaid, United Behavioral Health	
Kisha Parker	Healing Pathways	317-854-0216	Indianapolis	Mon-Fri. from 10a-7p.	Aetna, Anthem, Anthem EAP, Beacon, BlueCross and BlueShield, Cenpatico, Cigna, IU Health Plan, Life Services EAP, Magellan, Medicaid, Hoosier Health Connect, Hoosier Healthwise, Optum, Optum EAP, Sagamore, TRICARE, UMR, UnitedHealthcare, Self-Pay	
Anthony Hinz	Hinz Counseling	317-689-0986	Carmel	Mon, Tues and Thur 9AM-5PM	Anthen, Self-Pay	
Theresa Holliday	Holliday Counseling, LLC	317-464-7515	Keystone/Indpls	Tues 8am-5pm, Thurs 8am-7pm, and Sat 8am-12pm	Anthem BCBS, Cigna, IU Health, and ProHealth/Community Health Direct	
Heather Harris	Hope Counseling Solutions	317-961-8366	Plainfield	Weekday 9 am and 5 pm	Self-Pay	
Jessica Hood	Indy Child Therapist, LLC	317-683-0031	Indianapolis	Monday-Saturday; Evenings and Weekends	Aetna, Anthem, BlueCross and BlueShield, CareSource, IU Health Plan, Midwest, Optum, Sagamore, UMR, UnitedHealthcare, Self-Pay	
Madeline Stealy	Insight Therapeutic Services	317-207-0010	Carmel	Mon - Thur 9am-6pm	Aetna, Anthem, Self-Pay	
Casey Brasfield	Integrated Psychological Center of Indiana	317-550-3221	Indianapolis	Varies	Self-Pay	
Dallen Myers	Integrated Psychological Center of Indiana	317-550-3221	Indianapolis	Varies	Self-Pay	
Josie Gronbach	Integrated Psychological Center of Indiana	317-550-3221	Indianapolis	Varies	Self-Pay	
Maria Hanzlik	Integrated Psychological Center of Indiana	317-550-3221	Indianapolis	Varies	Anthem, BlueCross and BlueShield, Self-Pay	
Jennifer Vincent	Jennifer Vincent, LLC	317-643-0507	Indianapolis	Monday, Tuesday, Thursday and Fridays from 11am-6pm	Anthem, UMR, UnitedHealthcare, Aetna, Self-Pay	* email with questions/schedule/insurance
Laura Jordan	Jordan Therapy Services	281-317-7237	Online Only	Tuesday and Thursday 9am-5pm	Self-Pay	
Christy Fogg	Journey to Joy Counseling	765-432-9238	Carmel	Tues and Wed 10am-6pm and Thurs 9am-2pm	Aetna, Anthem, BlueCross and BlueShield, IU Health Plan, Sagamore, Self-Pay	
Melanie Short	JRNY Counseling	317-796-2135	Noblesville	Varies	Anthem, Self-Pay	4 Providers
Davi Kiley	Kiley Consulting	317-663-9802	Plainfield	Best reached in the afternoon	Self-Pay	Schedule Online
Kris Berryman	Life Solutions	317-220-6333	Noblesville	Mon-Thur 9am-4pm	Aetna, Anthem, Cigna, IU Health Plan, Medicaid, Medicare, TRICARE, UnitedHealthcare, Self-Pay	
Mandy Leonards	Mandy Leonards	317-660-8911	Indianapolis	Wed 9am-3pm and 6pm-8pm, Thurs: 9am-3pm, Fri: 9am-5pm	Anthem, UHC, Aetna, IU and Cigna.	
Melody Stiles	Melody Stiles	317-430-7997	Indianapolis	M-W, 12:00-7:00PM	Anthem, BlueCross and BlueShield, Blue Care Network, United Healthcare, Self-Pay	
Amber Summers	Mindfit Counseling	317-537-7290	Westfield	tues wed and thurs. 2-8pm	Self-Pay	
Jonathan Burg	Mosaic Counseling Services	317-645-7691 ext. 100	Noblesville	Varies Mon -Sat 10am-9pm	Anthem, BlueCross and BlueShield, Self-Pay	5 clinicians
Ashley Mangus	New Beginnings Family Counseling	801-473-3707	Carmel	Mon (9-6PM), Tues (10-6PM), Wed(9-5PM), Thur (9-6PM), and every other Friday afternoon	Anthem, BlueCross and BlueShield, Self-Pay	Telehealth therapy and therapy via telephone (calls 25-50 min)

Nikki Batta	Nikki Batta	317-548-3836 x702	Greenwood	Tues 7am-8pm, Wed 7 am-11 am, Thurs 7 am-4	Aetna, Anthem, BlueCross and BlueShield, Beacon, Encore, MHN, Magellan, New Avenues, Sagamore, TRPN, Self-Pay	
Tommy Parry	Parry Behavioral Consulting	703-901-8355	Fishers	Mon-Sat	Self-Pay	
Sarah Stilz	Prime Movement	317-558-9410	Indianapolis	Varies	Most major insurance plans, Self-Pay	Virtual healthcare clinic focused on treatment for chronic conditions (diabetes, hypertension, heart disease, etc.); Offering 2 weeks free
Emily Yang	Profound Purpose Counseling	317-525-2861	Southside of Indy	Call 7:30am-10:30pm	Self-Pay	
Abby Breece	Renewal, LLC	317-730-5155	Carmel	Mon-Thurs daytime	Self-Pay	Teens & Adults
Amy Harshman	Renewal, LLC	317-730-5155	Carmel	Tues & Thurs daytime	Anthem, BlueCross and BlueShield, Self-Pay	Adults Only
Caitlyn Koshnick	Renewal, LLC	317-730-5155	Carmel	Mon-Wed daytime	Anthem	Teens & Adults
Sharon Tedder	Renewal, LLC	317-730-5155	Carmel	Wed evening, Thur-Sat	Self-Pay	Late Teens & Adults
Tim Tedder	Renewal, LLC	317-730-5155	Carmel	Wed-Sat	Self-Pay	
Kelly Shores	Restoration Counseling Indy	317-710-7772	Fortville	Mon-Fri daytime & evening	Anthem, BlueCross and BlueShield, Self-Pay	5 providers
Sandi Conner	Sandra Conner Counseling, LLC	317-727-8845	Fishers	Mon-Thurs	Self-Pay	
Carla Whitted	The Whitted Group	317-372-2267	Noblesville	Mon - Thurs: 10am to 7pm, Fri: 10am to 3pm	Anthem, Self-Pay	Females Only
Valerie Walters	Three Stones Counseling, LLC	317-739-1739	Indianapolis		Self-Pay	
Wendy Galyen	Thrive for Life Counseling	317-426-8582	Online Only	Monday - Friday 8am - 3pm	Self-Pay	Schedule online
Lisa Harris	Thrive Poine	833-914-4688	Fishers	Tues, Wed, & Fri	Self-Pay	
Monica Hengge	Thrive Poine	833-914-4688	Fishers	Mon-Thurs 9am-7pm	Self-Pay	
Mishara Winston	To Indy With Love	Message through website	Indianapolis	Mon - Wed 1-8 pm and Thur 3-6 pm	Self-Pay	specializes in individual therapy for adults especially those who are people of color, LGBTQIA + or religious minorities
Rhonda Campbell-Minnich	Touchstone Counseling, LLC	317-795-0345	Carmel	Monday-Saturday (AM only)	Anthem, Aetna, IU Health and United Health (UHC/UMR/Optum), Self-Pay	Sliding Scale